

SHERWOOD HEIGHTS TRACK & FIELD MEET

*May 17th, 2017 @ Strathcona Athletic Park (SAP)
Parent Permission Form Attached*

Wednesday, May 17th, 2017 is our school Track and Field meet. There will be no classes or activities scheduled at Sherwood Heights this day. Students are expected to be at SAP to take part in the track meet. *Parents are asked to give a note to your son or daughters PE teacher or contact the school (467-5930) with regards to any circumstances (eg. injuries, illness) preventing your son or daughter from competing at the school track meet.* Students are expected to attend the full day and may not leave the grounds. Students are reminded that this is a regular school day, but in a different location. The same guidelines for conduct, behavior and attendance are in effect. There will be a concession for food items or students can bring their own. Yellow busses will leave first thing in the morning from Sherwood Heights to SAP for the day. The busses will then bring kids back to Sherwood Heights at the end of the day. Students may NOT walk, roller blade, cycle or get rides from parents to or from SAP.

Physical Education classes are preparing students to take part in this action packed day. The emphasis is on giving each event your best effort. **Students are required to choose a minimum of FOUR events with one being a run.** Students sign up in their Physical Education classes. Students will be required to complete a self-evaluation the following week assessing their participation on track and field day. The events students will have the opportunity to compete in are:

TRACK EVENTS – 100m, 200m, 400m, 800m, 1500m, 4 x 100m relay (by class)

FIELD EVENTS – long jump, triple jump, high jump, shotput, discus, javelin

All students will meet with their homeroom teacher for attendance **in the gym** at Sherwood Heights by no later than **8:35 A.M.** Attendance is taken again at the end of the day by homeroom teachers, this time in the Soccer field in the middle of the Track. Students will then board busses back to Sherwood Heights where they will be dismissed once the final bell rings.

Students may bring I-pods and cell phones, but at their own risk. **STUDENTS WILL NOT BE ABLE TO COMPETE WHILE LISTENING TO ANY SORT OF MUSICAL DEVICE!!!** Tents, tarps, etc are **NOT** allowed at the track meet.

We recommend that students dress appropriately for the weather. It is always better to bring more clothing than not have enough – over prepare if anything. Students can bring a blanket or sleeping bag to stay warm if necessary. If it is hot - sunscreen and a hat are strongly recommended to help prevent heat stroke. Have a water bottle, juice or Gatorade to stay hydrated. A concession will be provided at the meet but please do NOT rely on the concession as your only source of food for the day. Bring a healthy bag lunch with you.

- ***In case of inclement weather, we will have a regular day at school. The radio stations will carry a public service announcement if the meet is cancelled by 6 A.M.***

Students showing a high level of skill will qualify for the school track team. The school team will compete during the day on **Wednesday, May 24th** against the other EIPS schools at Strathcona Athletic Park (SAP), this is the district track meet. We have included both our school and district track meet dates on the parent permission form, as we only have one school day between events and require parent permission for off-site activities. We will be hosting a small assembly on Tuesday, May 23rd for all students that qualify for the meet on the 24th, and will inform all parents of students invited to the meet by phone synervice on the Tuesday. Again, not all students from Sherwood Heights attend the district meet, only those who qualify.



FIELD TRIP PERMISSION FORM

Dear Parents/Guardians, this is to inform you that we are planning the following field trip. Please retain Section 1 for your reference and return Section 2 to the appropriate supervisor.

SECTION 1: Field Trip Information (to be completed by the Field Trip Supervisor)

Name of field trip	School
SWH Track and Field Meet and EIPS District Meet	Sherwood Heights Junior High (7-9)

Today's date	Trip Supervisor/Staff Liaison (if not a staff member)	Position
May 2, 2017	Katie Oszip and Matt Shudra	Assistant Principal

Description of field trip

We will be busing students to and from the track and field events at Strathcona Athletic Park, and we will return to the school for our regular dismissal time of 3:00pm. Students are not permitted to meet us at the events, they must be on buses from the school. Please do not drop students off at SAP, students must be in the gym for attendance to start the day. All students must also return on the buses to the school, and will not be permitted to go home from the track. For any students with appointments, please park in the back of the SAP parking lot off of Clover Bar Road, and check in at the concession with Mrs. Sims for student release.

Lunch time: The track event will be considered a closed campus event, this means that students will not be able to leave the track area during the day. They can bring lunch, or buy from the concession at the field. Students that live close by will not be able to go home for lunch. Students that qualify for the EIPS District meet will have a meeting at SWH on Tuesday, May 23rd with information sent home with those students. The EIPS Zones meet is Wednesday, May 24, 2017.

All forms are due into the SWH office by Wednesday, May 10th.

Departure Date	Time	Return Date	Time
Wednesday, May 17, 2017	8:50 AM	Wednesday, May 17, 2017	2:50 PM
Wednesday, May 24, 2017	8:00 AM	Wednesday, May 24, 2017	2:50 PM

Add a row
 Remove a row

Subject/Block	# of Students	Grades
All Day	521 and 60	7-9

Other supervisors (indicate if supervisor is a teacher, classified staff, parent or other volunteer)

The entire staff will supervise the SWH track meet. Our phys. ed. teachers will supervise the EIPS District Meet.

Destination(s), include the address whenever possible

Strathcona Athletic Park, 1100 N Clover Bar Road

Purpose of the trip (include curriculum/program alignment)

Track and Field competition

Activities	Risks and safety precautions
Track events, including running, jumping and throwing	Proper training and practice will be ongoing in PE class, proper supervision

Transportation arrangements	Special clothing or equipment required

If your child has any allergies or medical conditions which require special consideration, please contact the school at

Request for Volunteers (Field Trip Supervisor please indicate if volunteers are needed and provide a description of duties) Yes No

Payment Information

Field trip fees are: included in school fees not included in school fees and due by

Freedom of Information and Protection of Privacy - Notification of Use
 The information collected on this form is for the purpose of coordinating field trips in EIPS, including tracking permission and maintaining accurate emergency contact information. This personal information is collected pursuant to the provisions of the *School Act* and Regulations thereto, and the *FOIP Act*, section 33(c). If you have any questions about the collection and use of the information, please contact Elk Island Public Schools' FOIP Coordinator, 683 Wye Road, Sherwood Park, AB T8B 1N2 780-417-8204, or your school principal.

ELK ISLAND PUBLIC SCHOOLS FIELD TRIP PERMISSION FORM

SECTION 2: Parent/Guardian Approval (*Students will be required to follow all applicable school rules for the duration of the trip.*)

If this form is not completed and returned to the school, it will be considered that you have **NOT PROVIDED CONSENT** for your child to participate in the field trip as described above.

Field Trip: SWH Track and Field Meet and EIPS District Meet

Trip Supervisor/Staff Liaison: Katie Oszip and Matt Shudra

I _____ allow, _____ to participate in this field trip.

Parent/Guardian Signature

Date

Emergency Contact Information

Emergency contact name

Home phone

Work

Emergency

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